

ALTERNATIVE SWEETENERS USE IN FOOD SUPPLY IS SOARING

Greater Transparency in Labeling Needed for Consumer Awareness

5000% INCREASE

in product introductions containing alternative sweeteners from 1995-1999 compared to 2020-2024.



Bread • Cereal • Granola bars • Yogurt
Ice cream • Milk • Children's beverages

SOME OF THE ALTERNATIVE SWEETENERS IN YOUR FOOD

- Xylitol
- Sorbitol
- Hydrogenated Starch Hydrolysates
- Saccharin
- Acesulfame Potassium
- Sucralose
- Isomalt
- Lactitol

ON AVERAGE, EVERY YEAR SINCE 2000, OVER 1,000
NEW FOOD AND BEVERAGE PRODUCTS
entered the marketplace with a sugar claim.

87% of consumers

want to know if their food contains artificial sweeteners, but 66% of the

time consumers are **unable to**correctly identify them on
food ingredient lists.

88% PARENTS

want to know the amount of artificial sweeteners in their children's food but this information is not available.

55% SHOPPERS think products claiming to

be no/low or reduced sugar are lower in calories, but many are not.



74% OF CONSUMERS

prefer ingredient labels that identify sugar substitutes as "SWEETENERS".

U.S. FDA SHOULD REQUIRE FOOD COMPANIES TO

ADD THE TERM

"Sweetener"

in parentheses to sugar substitutes on ingredient lists

CLEARLY LABEL

the amount of

on the front of children's food and beverage products

REQUIRE

"Sweetened With..."

disclosure alongside no/low/reduced sugar claims if the product contains sugar substitutes

DISCLOSE

the potential gastrointestinal side effects from the consumption of sugar alcohols and certain sugar substitutes

ENSURE

all sugar content

claims related to no/low/reduced sugar products are truthful and non-misleading

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