# SUGAR ASSOCIATION EDUCATIONAL MATERIALS ORDER FORM

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Phone __________ Date Materials Needed by __________ Email ___________________________

Orders must be in increments of 50. Up to 500 pieces of each material are free, additional copies may be subject to charges.

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## SUGAR 101

- How Well Do You Know Sugar?
- Facts About Sugar Intake
- Back to Basics: Carbohydrates and Diabetes
- Bite-Sized Tips on Portion Control
- Where Does Sugar Come From?
- Sugar Beet Processing & Sugar Cane Refining
- Sugar’s Functional Roles in Food Beyond Sweetness
- 9 Misunderstandings About Sugar
- Get to Know Sugar Beet & Sugar Cane
- What are Added Sugars?
- Sweeteners You Might Find In Your Food
- Sugar Reformulation: Commonly Used Ingredients
- What is Molasses?
- Making Sense of Added Sugars on the Nutrition Facts Label
- 2020-2025 Dietary Guidelines for Americans and Sugar
- How Many Added Sugars Are In That?

## FOR TEACHERS AND PARENTS

- Farm to Table: The Adventures of Sugar Beet and Sugar Cane Coloring Book
- One Tooth
- Variety’s Mountain
- Field to Table STEAM Packet  *(Please note this material ships in quantities of 10, 50 piece minimum does not apply)*

How did you hear about our education resources? _____________________________

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